



# SPARKS

Discover,  
Ignite, Develop

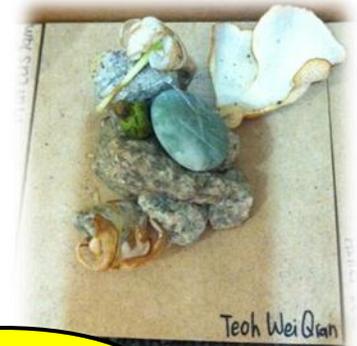


## JUNE HOLIDAY PROGRAMME

Issued in: July 2012

### Outbound Kids and Xperience!

It was truly an unforgettable experience for both children and teachers. Children had a wonderful experience at Jacob Ballas Children's Garden. Besides appreciating nature, they collected specimens such as sticks, rocks, dried flowers and created their own herbarium. Children also had fun playing games at the tree top house!



A memorable time in learning to make healthy food!



"We're making a strawberry drink!"



Let's see how strong we are. Pull and tug!



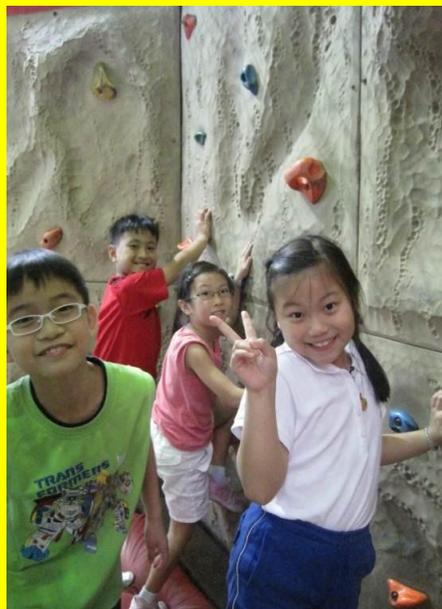
Nutritional facts from the cereal box

Healthy homemade orange cake for my family

Watch our professional basketball shooters!

# Rock climbing at Singapore Health Zone

## “Healthy living begins with me!”



### Time for some exciting moments!

We got our kids out of the classroom and into Singapore Health Promotion Board’s Health Zone. Over there, kids were engaged in meaningful activities such as gym workout and proper hand washing steps. Kids got to challenge themselves to toss as many basketballs as they could into the hoop in one minute.

There was a test of their stamina as they climbed a virtual flight of stairs. Wow, all this sounds really good! Additionally, they got to learn to measure their heart rate too!

We have taken some snapshots of those courageous and memorable moments. So kids, enjoy and have fun talking about it!



“You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.”

*Clay P. Bedford*