

seed

Meeting Needs, Transforming Communities
Harvest Care Centre . Issue Four . MICA (P) 131/06/2011

SPARKS STUDENT CARE 学生服务

Our students learn beyond the classroom -- check out where they went recently.

WAD's UP Lately!

青年俱乐部最近的活动!

Find out about WAD! Games and how WAD! Club hopes to tackle delinquency through sports.

Elderly Programme

乐龄节目

Members from O'Frenz Club made "food connections" – distributing food to residents of one-room HDB flats and interacting with them.





Seed is a bi-annual publication of Harvest Care Centre (HCC). SEED depicts an organisation that is young and alive. We care for the needs of our community and carry a vision of making a difference in our community. We nurture our pillars and volunteers to make that happen.

SEED will walk you through our past and upcoming events. If you are keen to join us or be a part of us, do contact us.

Seed是丰收关怀中心的6月刊。它代表了不止一间年轻的机构，也象征了我们的活力！正当我们关心我们的社会的需求，并进行区别在我们的社会的愿景。我们也不断的在培养我们的支柱和义工团队们要做到这一点。秉着这信念，我们关怀我们社区里的活动和愿意出一份力来改善社区。

通过SEED您将会更清楚的了解我们的过去和即将到来的活动。若你有兴趣参加我们的义工队伍，请与我们联系。

For information on our services, contact us:

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W.A.D! Club 青少年节目
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HarvestCareCentre

Our Motto

Meeting Needs, Transforming Communities

Our Mission

We dedicate ourselves to transforming communities by meeting the needs of individuals and families through providing relevant services.

Our Vision

We are committed to establishing a broad base of services to reach various needs in communities both locally and overseas.

About Us

Harvest Care Centre is a non-profit organisation officially registered with the Registry of Societies since 18 March 2005. Facing the growing needs of youth, families and the elderly in our society, we want to play our part in actively reaching out to these various needs. Therefore, we dedicate ourselves to transforming communities by meeting the needs of individuals and families of all races and religions.

Our range of services include counselling, student care centre, youth works, tuition programme, elderly programmes and school-based programmes.

我们的宗旨
提供帮助, 转变社区

我们的使命
我们致力于转变我们的社区，并提供相关的服务，以满足个人和家庭的需求。

我们的远见
丰收致力于建立一个基础广泛的服务，以满足海内外不同社区的需求。

关于我们
丰收关怀中心是一个非营利性质的机构，于2005年3月18日正式注册在‘社会注册协会’。在青年人，家庭和老年人的需求渐增的社会趋势下，我们渴望成为做出贡献的一份子来给予帮助。所以，我们献身于转变我们的社区，这是通过为来自不同种族和宗教的个人和家庭提供必要的帮助。

我们的服务包括辅导，学生服务，青少年工作，补习班课程，乐龄活动和学校活动。

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President's Message 主席公告



Come on, admit it – how many of us have had the thought, or said to someone younger, that “growing up was so different during my time”? Indeed, in a generation where iPhones and iPads have overtaken five stones and chapteh, childhood is a very different experience for children now. That’s why in our cover story, you will get to see how our teachers at SPARKS have worked hard to make learning alive and hands-on once again for our children.

After that, proceed to get updated on the latest happenings for our regular projects like the Love Our Community programme and WAD! Club, and get up close and personal with some of our volunteers who have been helping out with our WAD! series of activities.

Our team of workers and volunteers have, as always, worked very hard. I cannot thank them enough. It is not just about organising the various projects and carrying out the activities according to plan; everyone is also involved in making that precious emotional connection with the participants. More often than not, while physical necessities do need to be met, it is relationships that give us hope and strength to continue living life to the fullest even during the tough times. So I hope that the following pages will inspire you to reach out just a little more to the people around you. You never know how a little gesture of kindness can make a huge difference in someone’s life!

在我们当中有多少人曾对另一名比自己年少的朋友说过，“我们小时候的成长过程与你们如此不同”？事实上，现在的小孩已经不再玩我们以前所玩的游戏，而他们的童年经历是与我们完全不同的。这就是为什么在我们的封面故事中，您将能看到我们的老师们如何把学习带出烦闷的课堂及把它生活化。

之后，将提供各俱乐部的最新消息及更新一系列的活动！例如：各俱乐部计划，我们的义工团队给予的支持等。

我们的工作人员和义工团队，一如既往的努力着。他们不仅组织各种项目和开展活动按计划，他们每个人都参与每一次与参加者互动的机会，并珍惜他们之间的情感联系。此外，参加者的需求往往不限于物质上的必需品，而是给予他们心灵寄托。所以，义工们希望以他们的能力让参加者继续在他们生活中发挥到淋漓尽致，即使在最艰苦的时期。所以，我希望这书刊里的内容能够启发你为周围的人出一份力。因为你永远不知道您的一点善意姿态可以使另一个生命有巨大的差异！

W.A.D! Club

to tackle delinquency through sports

"After playing tchoukball, I became less arrogant. I decided to smoke less because of the sport, because we wanted to train for the nationals,"

- Lim Poh Han, Vice-captain of Team Mustang

He had a string of discipline problems. Smoking, drinking and breaking school rules were just part of the then-14-year-old Lim Poh Han's lifestyle. That is, until he picked up tchoukball while at Youth Guidance Outreach Services, a non-profit organisation targetted at delinquent youths, in 2009.

The sport helped changed his life. It helped him to control his anger and become more disciplined.

"After playing tchoukball, I became less arrogant. I decided to smoke less because of the sport, because we wanted to train for the nationals," said the now 17-year-old vice-captain of Team Mustang, which competed in the WAD! Games in July this year.

WAD! Games was organised by Harvest Care Centre's youth arm, WAD! Club. Comprising three sports of basketball, tchoukball and pool, the all-day sports competition attracted almost 600 participants.

The Club has been organising sports competitions every year since 2007, the only exception being in 2010 where it directed its efforts to support the Youth Olympic Games.

This year's WAD! Games was meant to promote sports as a way to combat youth delinquency. Poh Han is just one of many young people who turn from their wayward lifestyles because of sports.

More than just rehabilitating wayward youths, WAD! Club is using sports to tackle youth delinquency further upstream, in a more preventive approach. Through events such as WAD! Games, WAD! Club attracts youths passionate about sports to its programmes for basketball, pool and tchoukball, namely WAD! Hoops, WAD! Shot and WAD! Tchouk respectively.

In these sports programmes, youths meet every week and are mentored by the trainers. The trainers not only help to hone the players' skills, but also get to know them personally and help guide them from negative influences.

It is particularly crucial to reach out to the youths before they start on the slippery road of delinquency, said Mr John Chong, who led a group of volunteers in organising WAD! Games this year.

"They need help as they navigate the tricky years of teenage-hood," he said. "On top of teachers and parents, we find that having mentors who can connect with them through their passions helps a lot. They are receptive to guidance from these mentors."



Food Connections



While eating is a national hobby in Singapore, there are many who struggle to live from day to day where they constantly worry about their next meal.

The Love Our Community (L.O.C) programme aims to meet the needs of those who have difficulties in having enough food. In doing so, it also hopes to build strong social networks with them by engaging both the young and old to distribute food to them.

"From the responses of a needs survey that we carried out, we felt that we should connect with others who are not so well-to-do through food distribution," commented Ms Grace Tay, Programme Executive of the L.O.C. During its first food distribution exercise on 28 July, some elderly folks together with six Dunman High School students distributed food to about 30 families residing in one-room HDB flats.

Ms Yam Ah Moi, 68, and Jerry Lim, 14, agreed that the most memorable part of the event was the smiles that they saw on the faces of those receiving the food rations. They also hope to help those families in other ways in the future.

"There are people like Ms Yeo with 6 children who need more than food rationing for their family. A job recommendation for her and her husband would alleviate their financial difficulties," said Ms Yam.

"Cleaning their homes would be another measure that the L.O.C could be involved in helping the families in a practical way," Jerry added.



Tales from beyond the classroom

“Do not train children to learn by force and harshness, but direct them to it by what amuses their minds, so that you may be better able to discover with accuracy the peculiar bent of genius of each.”
– Plato, Greek philosopher

To discover the “genius of each” is at the heart of the SPARKS mission, and this sometimes requires teachers to direct students to “what amuses their minds”. At SPARKS, teachers believe that learning goes beyond the textbooks and the “box”, that is, the classroom. For students to develop not just knowledge but understanding, they need to interact, to experiment and to experience.

Ms Ng Ming Zhu, Programme Executive of SPARKS explained: “The four walls of the classroom are not the temples of learning alone. Today, a student is more interested in studying beyond the classroom and not just in the physical sense.”

“Teachers have to make sure that in order to keep the learning interest of a student alive, they have to teach in a manner which the students want to learn. That is why at SPARKS, we attempt to make learning alive during our holiday period,” she added.

With the luxury of more time, students were in for a treat during the June school holidays in 2012. Full-day excursions were crafted to put textbook lessons into the context of the outside world.

OUTBOUND KIDS at Jacob Ballas Children’s Garden

Students were given the opportunity to experience the workings of nature at the Jacob Ballas Children’s Garden. Besides appreciating nature, they collected specimens such as sticks, rocks, dried flowers and created their own herbarium.

XPERIENCE at a Civil Defence Heritage Gallery

What’s it like to be a fireman for a day? Students explored the adult world of different professions, in particular that of a Civil Defence Officer. They were taken on an educational trip to the Civil Defence Heritage Gallery to gain a deeper understanding on the responsibilities of protecting the nation from within.

FITSTOP at the Health Promotion Board’s Health Zone

An apple a day keeps the doctor away. The students were whisked off to the Singapore Health Promotion Board’s Health Zone to learn about and love healthy living. There, they had the chance to engage in play at the children’s gym and challenged their stamina on the virtual flight of stairs.

With the information age, our world is rapidly changing and so is the way students are absorbing knowledge. Learning is not limited to the interaction between students, teachers and the books, but is evolving to include more experiential and hands-on aspects.

InGiving, YouReceive

Q: How did you first hear of W.A.D! En’Rich?

A: I first heard of Harvest Care Centre and the community work it was doing through my friend, Jikun, who is also a volunteer with WAD! En’Rich. I was greatly impressed and it did not take long before I wanted to be a volunteer myself.

Q: What was crucial in your decision to join as a volunteer?

A: Two factors stood out for me. I did not have too many commitments on my plate and was delighted that my flair for Additional Mathematics could be channelled into a meaningful cause. The decision was then not a hard one to make.

Q: What subjects and levels of coaching does W.A.D! En’Rich offer?

A: Besides Mathematics and Additional Mathematics, Principles of Accounting, Sciences and Languages like English and Chinese all the way to secondary school level are offered, so there are various opportunities for aspiring tutors who want to volunteer.

Q: Any memorable experiences to share with our readers?

A: There is no particular incident but most of them actually come from typical sessions with the students. Be it the jokes, friendly banter or stories exchanged, I see to it that I befriend my students. More than being an authoritative figure, I’m also their friend. These friendships are no different from my usual ones and those which I have grown to treasure.

Q: What would you say in convincing someone who is considering being a volunteer tutor here?

A: To me, there are truths to clichés like “it’s more blessed to give than to receive. I really believe that in giving, you also receive. As mentioned earlier, for my assistance rendered, I ‘earn’ valuable friendships in return. I am certain that as long as one is willing to look beyond monetary reimbursement, he/she will also receive.

Eric Xie, 21, is a student at Temasek Polytechnic and volunteers with WAD! En’Rich as an A Maths tutor.

A Volunteer of W.A.D! Games

Q: Tell us more about your role in this edition of the W.A.D! Games.

A: Being the Volunteer I/C to my peers from Raffles Institution, my main duties included informing all my volunteers of briefings and ensuring their punctuality on the day of the event. This was important not only for the smooth running of the programmes but for accurate allocation of CIP hours as well. I was also the link between the organisers and volunteers, and had to ensure that instructions were understood.

Q: Did you face any challenges through the entire volunteering process?

A: I certainly did face some struggles. It was hard confirming the attendance of all volunteers. Being absent for briefings would make it difficult for them to have a clear idea of their responsibilities. Conversely, if they did not turn up on the actual day, manpower shortage would also affect the running of the games detrimentally. Thankfully, attendance for briefings and the actual day were close to 100% and no replacements were needed.

Q: What was your biggest take-away from this?

A: There were many parties involved in this year’s WAD! Games. There were the organizers, participants and fellow volunteers. Having to work in tandem with so many different people gave rise to many opportunities to bond and forge friendships that I’m immensely grateful for. Also, it was a privilege to be directly involved in planning an event of such a scale, and I believe the experience gained would serve me well in my future endeavours.

Q: Would you consider doing it again? Why or why not?

A: Yes, I would love to! The entire process of planning right up to execution was mostly enjoyable and I look back really fondly upon such times. In the event evaluation, we also brought out several points for improvement. I’m glad that the organizing committee takes our suggestions seriously and personally, I feel I have more to contribute. Also, I love meeting new people and with every WAD! Games, there is the great opportunity to do so.

A vivacious personality, Teh Jieren is currently 15 years old and studying at Raffles Institution.



SNAPSHOT SPARKS

student care



W.A.D! 俱乐部 通过运动来改正违纪行为

“在玩手球的时候，我变得不太傲慢，也决定要少抽烟。因为我想成为国家手球队队员，并接受正式训练。”

- 17岁副队长，林宝涵

林宝涵是一名有自律问题的14岁男生。他不但一再违反校规，而且还沉迷与烟、酒。直到他通过青年辅导外展服务，开始学习手球后，这一切就有所转变了。这服务是在2009年，由一个非盈利性组织设立，目的是为了帮助违法的青少年。

从他的口中，我们得知运动不但改变了他的生活，并且帮助他控制自己的脾气而变得更有纪律。

“在玩手球的时候，我变得不太傲慢，也决定要少抽烟。因为我想成为国家手球队队员，并接受正式训练。”这是17岁副队长所说的。他所领导的团队也曾参加今年7月的W.A.D! 运动会。

W.A.D! 运动会是由丰收关怀中心的青年翼 - W.A.D! 俱乐部主办的。这项全天的运动会共有三种运动：篮球、手球和桌球；也在当天吸引了600名参与者。而俱乐部是创办于2007，也参与了2010年的青年奥运会。

今年W.A.D!运动会是为了提倡通过运动来改正青年的违纪行为，如宝涵的个人经历。我们希望这不仅是改造的青年人管道，而是还没违纪之前就让他们抒发自己情绪并给予适当的辅助。

W.A.D!俱乐部也通过W.A.D! 运动会的活动吸引了很多对运动有热诚的青年来参加他们的篮球、桌球和手球（这些运动又名W.A.D! 圈、W.A.D! 射及W.A.D! 丢）。在每周的练习场上，教练不仅帮助磨练他们的能力，也了解他们每个人的个性，并给于辅导。

对张钦政先生来说，在青少年还没有滑入违纪这条路之前就去帮助他们是一个重要的时机。（他是今年W.A.D! 运动会的负责人之一。）他也说到：“青少年成长的时期很特殊，所以他们急需正确的指导及帮助。而且，对于师长们的指导，我们发现他们更能接纳我们成为他们的‘辅导者’。”



食物的连接



虽然品尝美食在新加坡是众人的嗜好，但还有许多人因不知是否有下一餐而天天忧愁。所以，“爱我们社区”希望通过分配食物给幼小与年长者来帮助他们，也借此机会建立更坚固的社区关系。

据戴玉珍女士说道：“我们是从一项需求调查中，得知居民的需求。于是，在本年7月28日当天我们举办了第一次的食物分配。参与这项活动的义工团队包括四名年长者与六名来自德明政府中学的学生。当天我们一共分配了三十多份物品给居住在阿裕尼一房式组屋的居民。”

68岁的任亚妹女士与14岁的林恩德同学都一致认为当天最难忘的事件莫过于收益者脸上所露出的笑容。所以，他们希望能够继续通过类似的活动来帮助他人。

任女士感憾：“有些像杨女士一样的家庭，所需要的不仅是粮食，而是一份能让六个子女们温饱及稳定的工作。这一来，他们的经济问题也得以缓解。”

林同学也建议“爱我们社区”可以通过其他方式来帮助这些家庭，如清理他们的家等等。



在课堂以外的学习

“不要以强迫与强制的方式来使儿童学习，而是以他们的兴趣而感到有趣的事物来引导他们。你这才能够准确地激发他们独特的才能。”

—柏拉图，古希腊哲学家

“不要以强迫与强制的方式来使儿童学习，而是以他们的兴趣而感到有趣的事物来引导他们。你这才能够准确地激发他们独特的才能。”（柏拉图，古希腊哲学家）

激发每个孩童独特的才能是SPARKS的使命，所以每名老师都坚信，学习不限制于课本的内容和课堂的范围。也因此，他们都会使用一些让孩童感到兴奋的题材来与他们互动、体验，并让孩童从中取得相关知识与了解。

根据 SPARKS 的负责人，黄明珠小姐讲解：“自今的孩童不仅在物理意义上感到兴趣，而是对课堂以外的学习更感兴趣！所以老师们务必以孩童的学习方式作为参考。”她补充说：“在每一段假期节目里，我们也尝试让学习生动化，并且把它融入孩童们的日常生活里。”

在本年六月假期里，孩童们都参与了 SPARKS 所组办的一系列活 动，作为课堂的题材之一。

孩童拓展训练（雅各儿童花园）

孩童们除了能在花园里欣赏自然生物的美妙，他们也从那里收集了标本，如树枝，石头，干花等，并创建了自己的植物标本室或迷你花园。

民防文物馆体验

为了让孩童们探索不同专业的成人世界，特别是民防官员。我们最终让他们实现当一日制的消防人员。从中，孩童们不只了解到民防部队与其他行业的操作，他们也更深一步地理解保卫国家的重要性。

保健促进局 - 体能之旅

虽然，老师们平日都有教导“一天一个苹果，医生远离我”的常识，但许多孩童在快餐的引诱下都不授教。不过，到了局里的保健区之后，他们都深切了解健康饮食的重要性并更热爱健康生活。除此之外，他们也在局里的儿童健身场上，与他们的个人耐力挑战，如：虚拟楼梯等。

在这科技发达的社会，我们的世界是瞬息万变的。所以学习并不局限于学生，教师和书籍之间的互动，而是不断发展学生们通过体验来学习及吸取知识的互动。

施比收必守更有福

你怎么听说 W.A.D! Enrich 这项活动？

我是通过我的朋友，吉坤。他是其中的一名义工。我也因受他的影响，才决定来这里当个义工。

是什么让你决定来参加 W.A.D! Enrich 呢？

其实，这的确是一项很有意义的活动，所以不需要加以考虑。但，主要的两个因素是：首先，我当时没很多其他的义务；再来，我不但能学以致用，也从中得到满足与乐趣。

W.A.D! Enrich 提供哪些科目和级别的辅导呢？

除了小学数学及语言（英文和华文）我们也有提供中学级别的数学、高级数学、会计原理、科学及语言（英文和华文）。我们诚心欢迎您加入我们的义工团队。

你有没有一些难忘的经历可以和我们分享？

大多数的经历来自于日常课堂。为了不希望成为他们眼中的“权威老师”，我尽量与他们分享周遭故事或笑话。渐渐的，我与他们之间也演变成无所不谈的友情。我当然也很珍惜这种关系！

你会如何说服其他人来这里当为义工呢？

我觉得“施比受更有福”。虽然，这句话听起来是陈词滥调，但它其实含有意义。我真的认为当你帮助别人时，你也会有些收获。就如我刚才提到的，当我帮助我的学生，我也获得了值得珍惜的友谊。我很确定，当某个人愿意放下金钱上的补偿，他一定会收到其他方面的收获。

谢飞虎（21岁）现在就读淡马锡理工学院，在 W.A.D! Enrich 是位教高级数学的义工补习老师

W.A.D! 运动会的幕后英雄

请谈谈您在这次运动会上扮演的角色。

身为莱佛士书院的义工团队队长，我主要的责任包括通知所有团员们简报日期及确保他们准时出席当天的活动。这是一项很烦琐及重要的任务，因为这直接影响活动的进行度。此外，我也是主办单位与团队之间的桥梁，所以我必须确保团员们明白所有的指示，并准确计算他们在社区服务的时间。

您在整个过程中有遇到什么困难吗？

我确实有遇到不少困难，其中就是来确定团员的参与。因为不是每一位团员会即刻答复我的简讯。另外一个困难是如果团员们在简报日当天无故缺席或不清楚自己的责任与负责的岗位，那都会严重影响整个活动的进行。但很庆幸，简报与活动当天的出席率都接近100%，所以无需跟换或调动团员们。

您在这项活动中最大的收获是什么？

今年的 W.A.D! 运动会 有很多不同的参与者，如主办单位，参与者和义工团队，所以我能够与不同的人合作并建立不少深厚的友谊。此外，我相信我所累积的经验能够在我未来的发展带给我帮助。

您是否会再自愿参与这项活动？为什么？

我当然非常乐意参与！因为我都很享受每一个过程 - 从策划到施行任务，也令我留下美好的回忆。在活动评估会议上，活动委员都很认真地听取我们的意见，这也令我感到欣慰。除此之外，我个人认为自己还能够再付出多一点，也喜欢结交新朋友。而每一期的 W.A.D! 运动会都给予这个机会！

充满活力的15岁莱佛士书院生，李杰仁。



KAIROS INTERNATIONAL ACADEMY

Let us help you be ready and prepared for the academic year 2013.

Enrol for our head start tuition classes for primary and secondary school students. Start early, prepare ahead!

- Our tutors are **MOE-trained, qualified and experienced teachers.**
- **Small class sizes** – capped at a maximum of 15 students per class
- Our tutors provide **personalized coaching** to cater to each student's individual needs.
- **We closely follow the MOE syllabus**, at times going beyond the syllabus to enrich students' learning.
- And for that extra boost in the final lap, we provide



Meet Our Specialist Teachers

MR JOHN CHONG (SCIENCE)

Under his coaching, Mr Chong's students have developed a keener interest in learning and been better able to grasp Science concepts.

MDM TAN S. K. (P.S.L.E EXPERT)

A retired school teacher who still possesses a strong passion for teaching, Mdm Tan specializes in preparing students to sit for their P.S.L.E. examinations.

MS JENNIFER KOH (MATHEMATICS)

Ms Koh has taught both Elementary and Additional Mathematics for ten years. She is excellent at simplifying Mathematics concepts for her students.

MR CHRISTOPHER KOH (ENGLISH)

Many of Mr Koh's students come from non-English speaking backgrounds, but under his tutelage, they are now able to speak fluently and write well. He has also helped students change their attitude towards the learning of English.

凯若国际学院

让我们提前为您的子女做好新学期的准备！现在就即刻报读我们中、小学的补习班。

- ✓ 我们的教师都曾受过教育部专业培训的合格教师，并拥有丰富的教学经验。
- ✓ 小班制 - 每班最多以15名学生为限
- ✓ 教师们将采用个性化的教学方式，针对每一位学生的个人需求。
- ✓ 我们密切的关注及按照教育部的教学大纲编排课程，以丰富学生的学习经历。
- ✓ 在考试期间，我们也提供，并提升学生的作答技巧和秘诀。



专业教师团队：

张钦政先生 (科学)

在张老师的指导下，学生们逐渐对科学产生浓厚的兴趣，并且更能够掌握所学的内容。

陈秀仪女士 (小六离校会考考试专家)

陈老师是一位历任公立学校教师。她对于教育事业一直秉持着热诚，所以肯定能够帮助学生充沛的应对小六离校会考考试。

高玉菁女士 (数学)

高老师拥有十年的教学经验，精通初和高级数学，并且能为学生简化复杂的数学概念。

高国超先生 (英文)

高老师的学生大多都是来自不说英语环境的背景。但在他的耐心教导下，现在他们不仅能说一口流利的英语，而且还能够用英文自由的写作。与此同时，他也帮助学生找到学习英文的乐趣。

As part of our quality assurance to you, we limit our spaces per class so that you get ample attention.

Spaces are taken up quickly, so hurry and book your tuition slots with us!



Call us:
+65 6494 2780



Email us:
register@kairos-academy.com



Visit our website:
www.kairos-academy.com



咨询热线:
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我们的网站:
www.kairos-academy.com

Calendar of **EVENTS** 活动



Month	Date	Activities	Department
November	18/11 - 29/11	Kairos Holiday Programme	Kairos
	20/11 - 14/12	SPARKS Holiday Programme	SPARKS
	24/11	丰收免费体检 LOC Free Health Screening	LOC
December	14/12 - 21/12	W.A.D! Club Serve Cambodia Trip	W.A.D! Club
	19/12	SPARKS Christmas Party	SPARKS
	22/12	丰收卡拉观摩会 (主题: 团圆) X'mas Gathering cum Karaoke Showcase (Theme: Reunion)	LOC
January	2/1 - 10/1	W.A.D! Club Serve Cambodia Trip	W.A.D! Club
	2/1 - 11/1	SPARKS Orientation: Myself & " Kids Care "	SPARKS
	12/1	丰收迎新削拼 LOC Lunar New Year Shopping	LOC
	25/1	W.A.D! Club - Night Cycling	W.A.D! Club
February	6/2	SPARKS Lunar New Year Celebration" Feelings - Discovery of one's feelings and emotions	SPARKS
	16/2	W.A.D! Club Beach Tchoukball	W.A.D! Club
	23/2	W.A.D! Love in Action (Local CIP as follow up from Serve Cambodia)	W.A.D! Club
	23/2	丰收庆元宵 LOC Lunar New Year Special	LOC
March	18/3	SPARKS NLB Visit - Chinese/ English Story Telling	SPARKS
	18/3 - 22/3	Kairos March Holiday Programme	Kairos
	19/3 - 21/3	SPARKS Holiday Programme - Time to Share	SPARKS
	23/3	丰收舞林大会 LOC Dancing Carnival	LOC
	23/3	W.A.D! Club SHOT Introductory Clinic	W.A.D! Club
	23/3	W.A.D! Club HOOPS Tournament	W.A.D! Club
April	8/4 - 12/4	Adventure Expedition to Malaysia	W.A.D! Club

Make a Donation Today!



Donation types: (Please tick)

Personal Company

Company: _____

Name: _____

NRIC/FIN: _____

Add: _____

Tel: _____

I will like to contribute the following amount to the community programmes of Harvest Care Centre: (Please tick)

\$10 \$50 \$100 \$200

Others: _____

Note:

- * Kindly make cheque payable to HARVEST CARE CENTRE.
- * An official receipt will be mailed to the address provided.
- * Please note that donations made are not eligible for tax exemption.
- * Mail to: Harvest Care Centre, 165 Sims Ave #04-02 Singapore 387606